

The BBS Detox System works based on many different principles:

- * Works based on BEFE (Bio Electric Field Enhancement)
- * Ionic cleaning and recharging
- * Easy to set up and use
- * Assists in disease and recovery time from injury and surgeries
- * Can also assist with: headache & pain relief, joint stiffness, Improved sleep patterns, removing heavy metals, menstrual pain, Arthritis pain, and boosting the immune system!
- * Can improve kidney and liver functions.
- * Even After your first session, your body will feel lighter, you will think more clearly, have more energy and enjoy a greater sense of well-being.
- * Energizes your blood cells.

While immersing your feet in the water positive and negative ions are emitted by the machine, which re-energize the body. This type of machine is described as a Detox machine because the response of a rebalanced body is to excrete any excess toxins via the kidneys, liver, bowels and skin not only DURING but also AFTER treatment. Therefore you will experience the beneficial effects of a Detox experience. The entire process takes 30-40 minutes for adults and is completely safe to use. It is however, not recommended for pregnant woman, anyone with a heart pacemaker or an organ transplant.

It is similar to walking in the sand along the beach only more powerful because your feet are in direct contact with the ions being made in the water. Water has an almost perfect balance of positive & negative ions. Since the body is composed of 70% water, it's ability to interact with the water is very high. When you immerse a body mass into water, the vibration frequency of the water will affect the vibration frequency of the body due to the interaction of the magnetic & electrical field. It's an exceptionally wonderful and natural healing tool. It is a painless, actually relaxing, process and unlike prescription drugs, there are no harmful side effects.

Because of poor diet & high stress, we tend to accumulate & store excessive quantities of waste products, During a 30 minute session, the ions enter your body and begin to neutralize these tissue acid wastes. The process is called reverse osmosis.

Studies show that an overall balancing effect occurs, along with a significant increase in the number of negative ions. Ions are atoms or molecules that have lost or gained electrons [Free radicals are unpaired electrons]. If the atoms or molecules lose electrons, they become positively charged ions. If they gain electrons, they become negatively charged ions. The ionic technique of cleansing thru feet provides a full body purge of all vital organs, resulting in reduced menopause symptoms, menstrual cramps, sexual health problems, skin problems, acne, sleep problems, restlessness, stress, toothaches, wrinkles, aches and pains and yeast infections. The internal cleansing can also assist in faster disease healing and injury recovery.

We live and die at the cellular level

Water's Role in the Body

Water helps nearly every part of the human body function. Considering that our bodies are almost two-thirds water, understanding water's important role in the body can be a fountain of health. The following are just some of the things water does in the body:

Blood is 92% water, Brain is 75% water, (Moderate dehydration can cause headaches and dizziness) Muscles are 75% water, Bones are 22% water, Regulates body temperature, Carries nutrients and oxygen to all cells in the body, Moistens oxygen for breathing, Protects and cushions vital organs,

Helps to convert food into energy, Helps body absorb nutrients, Removes waste, and cushions joints.

Water needs to be viewed as a living thing and only then can we begin to understand what it really is, and how it affects life. For this very reason we would never use distilled water or water that has been treated by reverse osmosis for a BBS treatment. People who consume large amounts of distilled or reverse osmosis water run the risk of becoming anemic and low on energy because the damaged water will take your energy in an effort to try to reanimate itself. There's a big difference between dead water and living water.

A typical session

After each session, it is best to drink a full glass of water and take a mineral supplement.

The BBS treatment can assist the body by giving it a useable energy boost.

The electrical stimulus causes the water to become excited and produce the energy that your body absorbs and uses.

A BBS session can be done for about 30 minutes every two days. A BBS session is not painful, and is generally found to be relaxing while in progress. Remember it's just water so there are no nasty side effects.

Footbath

In certain circumstances for problems with the legs, ankles and feet, the treatment method that should be tried first would be the footbath. Using the footbath makes the energy entry point the feet, with the energy then traveling up through the legs giving the feet, ankles and legs first access to the energy. The energy not utilized by the lower part of the body will then travel to the other parts of the body.

Handbath

The same applies to problems with the arms, elbows and hands; try to make the problem area the entry point for the energy.

Correctly Hydrated Body

It is important you understand that the BBS treatment is about water and energy. If your body is not hydrated then you don't have the proper balance of water in your body. When you drink water and it gets absorbed into your body the water becomes like an electrolyte solution. The major part of your blood, the river of life that flows through you, is salty water. Therefore, correct hydration helps to ensure that the energy is going to flow to all parts of your body properly.

Energy Experimentation

(The power of live water)

For anyone who has doubts about the power of water to regenerate life, think about dried almonds for example, a dry lifeless almond. Place half a cup of dried almonds in a jar. Fill that jar with regular water, put the lid on and wait approximately 6 hours. With the addition of water the almonds begin to swell, taking in the water. The almond becomes frantic with energy, so much energy it even produces heat. Suddenly life comes into existence with a life force one can easily measure where there was none before.

Water coloration explained

Whether you place your feet in the bucket or not, chances are the water will change colors a little bit when the array is turned on. The color changes have to do with the mineral content of the water.

While the color changes in the water can be dramatic, it is not the most important factor and one must be careful about making any judgments based only on the watercolor. Some waters do not change color significantly and it is not always an indicator of whether energy is being produced. The best indicator that may be found in the water after a session would be an oily substance located on the container at water level. It generally contains materials released from the outer layers of the skin.

Another indicator after a session can be found in the color change in the urine of the individual treated. Body function is increased, which results in the darker coloring of the urine. A darker coloring of urine can also be seen after eating because the body is processing waste materials. After a session even though no food has been consumed, the extra energy seems to activate waste product or toxin removal, this is evident by its presence in the urine.

DISCLAIMER: Body Balance System (TM) is NOT recommended for pregnant or expecting mothers, persons with pacemakers, implanted organs, open wounds on feet or those suffering from Epilepsy. We DO recommend to always consult with your health professional when concerned with a health related issue. The BBS system has not been evaluated by the Food & Drug administration and makes no claims to cure any illness or disease.