

What Iridology Can and Cannot Do

By: Dr. James D. Jenks, H.M.D.

Iridology Can Reveal:

- * The primary nutritional needs of the body.
- * Inherently weak organs, glands and tissues.
- * Inherently strong organs, glands and tissues.
- * Constitutional strength or weakness.
- * What organ is in greatest need of repair and rebuilding.
- * Relative amounts of toxic settlements in organs, glands and tissues.
- * Stages of tissue inflammation and activity.
- * Where inflammation is located in the body.
- * Underactivity or sluggishness of the bowel.
- * Spastic conditions or ballooned conditions of the bowel.
- * The need for acidophilus in the bowel.
- * Prolapsus of the transverse colon.
- * Nervous condition or inflammation of the bowel.
- * High risk tissue areas in the body that may be leading to a disease.
- * Pressure on the heart.
- * Circulation level in various organs.
- * Nerve force and nerve depletion.
- * Hyperactivity or hypoactivity of organs, glands or tissues.
- * Influence of one organ on another, contribution of one organ to a condition elsewhere in the body.

- * Lymphatic system congestion.
- * Poor assimilation of nutrients.
- * Depletion of minerals in any organ, gland or tissue.
- * Relative ability of an organ, gland or tissue to hold nutrients.
- * Results of physical or mental fatigue on the body.
- * Need for rest to build up immunity.
- * Tissue areas contributing to suppressed or buried symptoms.
- * High or low sex drive.
- * A genetic pattern of inherent weaknesses and their influence on other organs, glands and tissues.
- * Preclinical stages of potential diabetes, cardiovascular conditions and other diseases.
- * Miasms.
- * Recuperative ability and the health level of the body.
- * Build up of toxic material before the materialization of disease.
- * Genetic weaknesses affecting the nerves, blood supply and mineralization of bones.
- * Genetic influence on any symptoms present.
- * Healing signs indicating an increase in strength in an organ, gland or tissue.
- * Bone marrow problems.
- * Potential for varicose veins in legs as shown by inherent weakness.
- * Positive and negative nutritional needs of the body.
- * Probably allergy to wheat.
- * Sources of infection.

- * Acidity of the body or catarrh development, as indicated by acute signs in the iris.
- * Suppression of catarrh, as indicated by subacute or chronic signs in the iris.
- * Condition of the tissue in any part of the body or all parts of the body at one time.
- * Climate and altitude best for patient.
- * Potential contributions to sterility.
- * Effects of polluted environment.
- * Adrenal suppression, which may indicate low blood pressure, lack of energy, slowed tissue repair, deficiencies of vitamin C and adrenaline.
- * Resistance to disease, as shown by amount of toxic settlements in the body.
- * Relationship or unity of symptoms with conditions in organs, glands and tissues.
- * The difference between a healing crisis and a disease crisis.
- * The workings of Hering's Law of Cure.
- * Whether a particular program or therapy is working or not.
- * The quality of nerve force in the body.
- * Response to treatment; how well the body is healing itself and at what rate.
- * The "whole" overall health level of the body as a unified structure.

Iridology Cannot Reveal:

- * Predict or indicate blood pressure levels (abnormal or normal), blood sugar level or other specific diagnostic findings or laboratory test results.

- * Identify what medication or drugs an individual is taking or has used in the past.
- * Determine what surgical operations a person has had.
- * Tell what foods a person does or does not eat.
- * Find out how much uric acid is in the body.
- * Indicate when an injury to the body occurred or what caused the injury.
- * Determine whether a poisonous snake bit has occurred or whether snake venom has entered the bloodstream.
- * Correlate tissue inflammation levels with specific diseases or symptoms of disease.
- * Identify diseases by name.
- * Tell whether a subject is male or female from the iris.
- * Determine whether asbestos settlements or silicosis exists in the body but only the effects on tissue.
- * Tell if hair is falling out or what may be causing hair loss.
- * Determine the number of organs when a person has been born with 3 kidneys, a double uterus, etc.
- * Verify the presence of fungal infections such as *Candida Albicans*, although it may indicate conditions supporting its possible presence in the body.
- * Show which tooth may be causing trouble.
- * Verify the presence of lead, cadmium, aluminum or many other metallic elements that may have settled in the tissues.
- * Tell if someone is on birth control pills.

- * Prove whether or not a woman is pregnant, either normal or ectopic pregnancy.
- * Indicate whether an operation may be necessary.
- * Indicate reliably whether a tumor is present or what size it may be.
- * Show whether hemorrhage exists in the body or where its location may be.
- * The difference between drug side effect symptoms and symptoms of actual diseases.
- * Show if the thyroid is causing irregular menstrual periods.
- * Determine the presence of multiple sclerosis, Parkinson's disease or bubonic plague.
- * Prove whether healing signs indicate a raising of the general health level.
- * Indicate syphilis, gonorrhea or other sexually transmitted diseases.
- * Identify homosexuality or AIDS.
- * Show whether gallstones or kidney stones are present.
- * Tell reliably whether a blockage exists in a cardiac artery.